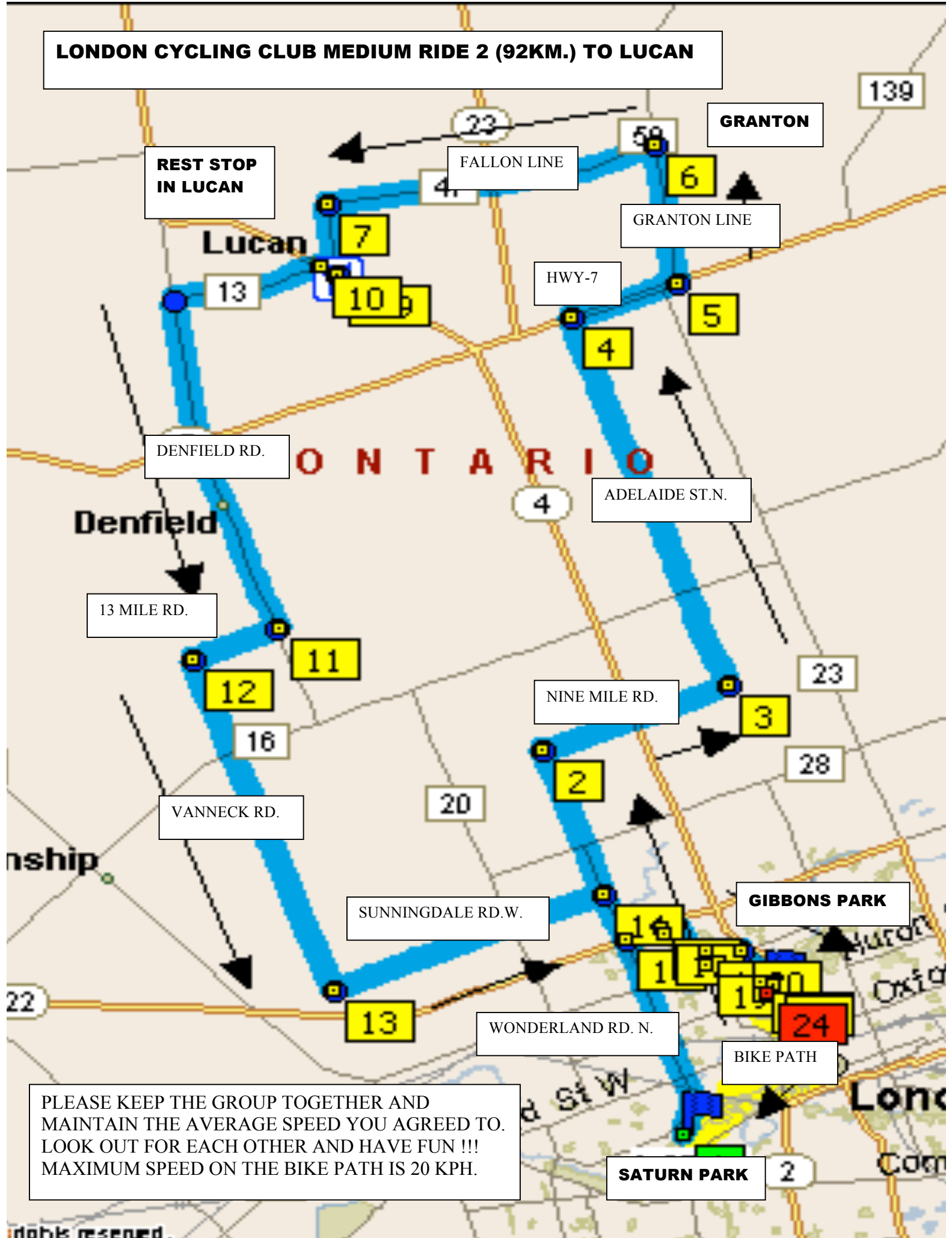


LONDON CYCLING CLUB MEDIUM RIDE 2 (92KM.) TO LUCAN



PLEASE KEEP THE GROUP TOGETHER AND MAINTAIN THE AVERAGE SPEED YOU AGREED TO. LOOK OUT FOR EACH OTHER AND HAVE FUN !!! MAXIMUM SPEED ON THE BIKE PATH IS 20 KPH.

LCC MEDIUM RIDE 2 (92KM.) TO LUCAN

RIDE LEAVES FROM SATURN PARK AT 9:00 AM.

Km	Follow the bike path (West) 1km. to the Wonderland Rd.N. turn off	1.0 km
0.0	At 1 merge (North) onto Wonderland Rd (S) (North)	7.2 km
7.2	At 2, turn RIGHT (East) onto Sunningdale Rd (W)	4.9 km
12.1	At 3, turn LEFT (North) onto Adelaide St N	15.3 km
27.4	At 4, turn RIGHT (East) onto HWY-7 [Elginfield Rd] !!! CAUTION BUSY ROAD !!!	2.8 km
30.2	At 5, turn LEFT (North) onto CR-59 [Granton Line]	3.9 km
34.0	At 6, turn LEFT (West) onto CR-47 [Fallon Dr]	8.3 km
42.3	At 7, turn LEFT onto CR-47 [Saintsbury Line] (South)	2.0 km
44.3	Arrive REST STOP in Lucan	
44.3	At 9, Depart REST STOP, RIGHT (West) onto HWY-4 [Main St]	0.5 km
44.8	At 10, bear LEFT (West) onto CR-13 [William St]	3.8 km
48.6	At 11, turn LEFT (South) onto CR-20 [Denfield Rd]	9.6 km
58.2	At 12, turn RIGHT (West) onto 13 Mile Rd	2.3 km
60.5	At 13, turn LEFT (South) onto Vanneck Rd	9.9 km
70.4	At 14, turn LEFT (East) onto Sunningdale Rd W	7.2 km
77.6	At 15, turn RIGHT (South) onto Wonderland Rd N	1.4 km
79.0	At 16, turn LEFT (East) onto HWY-22 [Fanshawe Park Rd W]	0.9 km
79.9	At 17, turn RIGHT (South) onto Pinnacle Pky	0.2 km
80.1	At 18, turn LEFT (East) onto Ambleside Dr	1.4 km
81.5	At 19, turn RIGHT (South) onto Corley Dr	0.4 km
81.9	At 20, turn LEFT (East) onto Windermere Rd	0.9 km
82.8	At 21, turn RIGHT (South) onto Perth Dr	1.0 km
83.8	At 22, turn LEFT (East) onto University Dr	0.3 km
84.2	At 23, turn RIGHT (South) onto Sunset St	60 m
84.3	At 24, turn RIGHT (West) onto The Parkway	0.4 km
84.6	At 25, turn RIGHT onto the bike path and follow it (West) 7km. back to Saturn Park.	7.0 km

Hope you had a great ride. See you next week.

