



LCC SHORT RIDE (43KM.) TO VELODROME

RIDE LEAVES FROM SATURN PARK AT 9:30 AM.

Km	Follow bike path (West) 1km.	1.0 Km.
0.0	At 1, merge (South) onto Wonderland Rd S	2.1 km
2.1	At 2, turn RIGHT (West) onto Village Green Ave	0.5 km
2.6	At 3, turn LEFT (South) onto Woodcrest Blvd	0.4 km
3.0	At 4, turn RIGHT (West) onto Viscount Rd	0.2 km
3.2	At 5, turn LEFT (South) onto Farnham Rd	1.1 km
4.2	At 6, keep STRAIGHT onto Bostwick Rd	2.4 km
6.7	Road name changes to HWY-135 [Exeter Rd]	0.3 km
7.0	At 7, turn RIGHT (South) onto Wonderland Rd S	1.4 km
8.4	At 8, turn LEFT (East) onto Dingman Dr	5.7 km
14.0	At 9, turn LEFT (North) onto Castleton Rd	0.6 km
14.6	At 10, turn LEFT (West) onto Roxburgh Rd	0.5 km
15.1	Arrive REST STOP at Tim Hortons (Wellington Rd. and Roxburgh Rd.)	
15.1	Depart REST STOP (East) on Roxburgh Rd	0.5 km
15.5	At 12, turn RIGHT (South) onto Castleton Rd	0.6 km
16.1	At 13, turn LEFT (East) onto Dingman Dr	5.8 km
21.8	At 14, turn LEFT (North) onto Old Victoria Rd	1.4 km
23.2	At 15, turn RIGHT (East) onto Wilton Grove Rd	0.4 km
23.6	At 16, turn LEFT (North) onto Old Victoria Rd	2.0 km
25.6	At 17, turn LEFT (West) onto Bradley Ave	2.4 km
28.0	At 18, turn RIGHT (North) onto Jackson Rd	0.8 km
28.8	At 19, turn LEFT (West) onto Darnley Blvd	0.5 km
29.3	At 20, turn RIGHT (North) onto Meadowgate Blvd.	1.3 km
29.7	At 22, turn LEFT (West) onto Commissioners Rd E	0.4 km
30.9	At 23, turn RIGHT (North) onto Meadowlilly Rd S. Road is a dead end to cars but bikes can cross the bridge on the wooden walk way.	1.2 km
32.0	At 24, turn LEFT onto the bike path just after crossing the bridge and follow it (West) 10.0 km. back to Saturn Park.	10.0 km

Hope you had a great ride. See you next week.

